

Cycle London

Community Grants Scheme 2006



Cycle London

Promotion Partnership

The Cycle London Promotion Partnership (CLPP) is formed of six key members including, Transport for London (TfL), London Cycling Campaign (LCC), Sustrans, LondonCycleSport, good going, and as a reference body, the London Councils. The partnership offers a broad spread of knowledge and experience in cycle promotion and cycling activities.

The purpose of CCfFL is to provide small grant funding to enable community projects to experience the benefits of cycling. As you will see from this report, this ground-breaking programme not only promotes and encourages cycling but tackles issues as wide and diverse as health, social inclusion or community regeneration.

Please note the programme has now changed its name to the Community Cycling Fund for London.

CCfFL is funded through a Transport for London grant and is administered and financially managed by LCC.

For more information regarding these grants please visit lcc.org.uk or contact Sarah Slater on 020 7234 9310 ext 212.

The partnership would like to thank good going for their generous assistance in grant management for the last two years.



Contents

Kidz Haven	4
Focus Project	6
Haringey Mencap – North London Access to Cycling	8
Movers and shakers	10
Patika Bakers Fort Project – Pick up a Bike Project	12
Signing Deaf Club	14
Somerford Grove	16
Southwark Cyclists Shopping Centred Training	18
Background	20
Set-up	20
Bids	20
Allocation and terms and conditions	21
Project Officer	21
Projects	21
Partnership Working	21
Recommendations and feedback from projects	22
Overview	24



*Photographs accompanying projects in this report are chosen randomly and do not necessarily represent that particular scheme.

Kidz Haven

Background

Kidz Haven, an after school and holiday club for children aged 3 to 11 in Plaistow, east London, was given a grant to organise a "Cycle for Fun" bike club. Children from the nearby schools, including Plaistow Primary School and Southern Road Primary Schools, were encouraged to take part. Two members of staff who work for Kidz Haven ran the cycle club, supported by volunteers.

The project

About 40 children participated in the bike club, including 10 who were not able to ride when they first started. After a few weeks of training all the children were cycling confidently and safely.

Staff involved in the project sought advice from the New City Primary School in Newham, which has run a cycling club for over four years and has an established pool of bikes. Children from the Kidz Haven project also went on a cycling trip with New City school.

The CLPP funds were spent on new bikes, storage equipment, promotion material and administrative costs.

Outcome and Benefits

The project was planned for the spring and summer of 2006, but proved so popular that it continued for the rest of the year. Cycling is now part of the outdoor after-school activities promoted at the club. The benefits of the club included:

- Children who owned their own bikes but were not able to use them learnt to ride for the first time.
- "Cycle for Fun" gave parents confidence that their children could go out cycling in a safe and relaxed environment.
- The project helped develop links between other organisations, including New City Primary School and Cycle Asylum, a local bike shop which checked the children's bikes for safety.

- Parent volunteers who participated in the project learnt to ride bikes themselves for the first time.

The "Cycle for Fun" organisers say that the project taught them that children need to learn to cycle and at their own pace. They also felt that partnerships with other organisations was key to the project's success.

Future

The projects organisers now hope to train one of the adult's involved to become a qualified Cycling Instructor. New bikes are also going to be bought for some of the older children.





Focus Project

Cycling Scheme

Background

The Focus Project is run by the Penrose Housing Association and provides housing, care and resettlement services for people with offending histories and mental health problems. Its cycling project was intended to promote the psychological, social and physical benefits of cycling to its services users and staff.

The project

The project, based at one of the association's residential centres in Brixton, trained service users to repair old bikes. Twenty bikes were donated from an auctioneer and another five were donated by the local community. The CLPP grant was used to fund the bike maintenance courses, buy tools and cycling equipment. Recycled bikes were then used by Penrose Housing Association residents and staff across London.

Outcome and Benefits

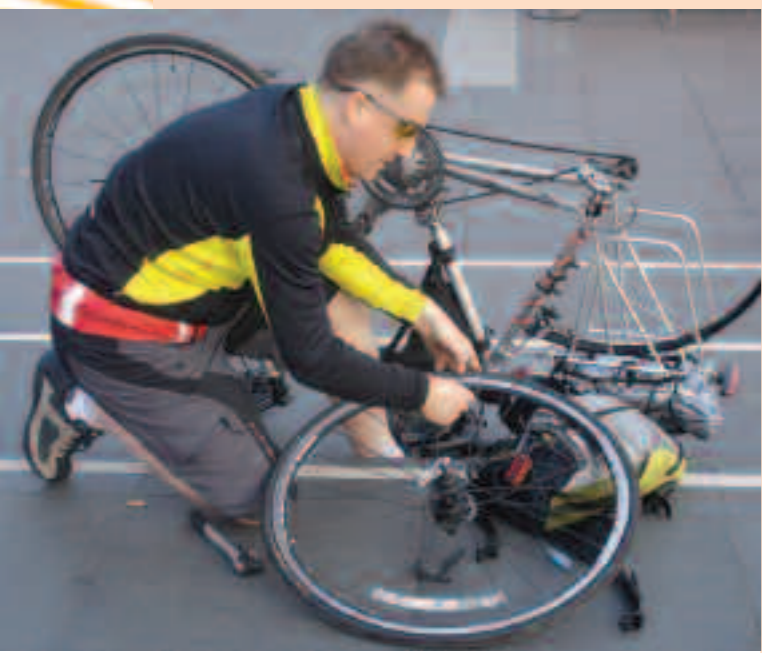
Staff involved in the project say it was successful in engaging some of the most hard to reach service users. Four bikes were "recycled" during the first course and it was so popular that a second course was organised. Benefits of the course included:

- The project was a rewarding and challenging activity for service users who are often very difficult to engage.
- Staff said the workshops helped the service users develop "skills and self-confidence."
- Service users found the course so useful that another of the association's centres in New Cross launched its own recycling scheme.
- The project helped improve communication between staff and services users by identifying and developing a shared interest.
- The longer the project went on, the more people wanted to get involved. Six service users were involved in the initial pilot project rebuilding bikes.
- The cost of transport is a barrier to employment for many service users and bike skills can help overcome this.
- The project raised the exercise level of participants and helped them manage their physical and mental health.

Future

Demand for the bikes in the association's units outstripped supply. It is hoped similar schemes to encourage service users and staff to cycle will be organised in other centres run by the association.

“
Verena Hewat, education, training and employment manager at the Focus Project, said:
“Ex-offenders often can't afford to travel so the bikes have been of real benefit for training and employment. They've also proved for very useful for staff for travelling between our satellite projects.”
”



Haringey Mencap

North London Access to Cycling

Background

The aim of the North London Access to Cycling project is to support people with learning disabilities who want to cycle. A consultation exercise conducted prior to the launch of the project found that one of the barriers to cycling for people with learning disabilities was the lack of access to specially-adapted bikes. The project aimed to increase the availability of such bikes and to work with other organisations to ensure they were used as much as possible.

The project

When the project was first launched in February 2006, the organisers purchased a wheelchair tandem, two adult tricycles, a child's tricycle and two standard bikes. The bikes were made available to local groups, many of whom used them in local parks.

Amongst the groups which have used the bikes are: Haringey Mencap; Keston Road Day Centre in Haringey; Hackney Independent Living Trust; William C Harvey Special School, a school in Tottenham for children with profound learning difficulties; and Haringey Community Support Team.



Outcome and Benefits

The project has proved very effective in motivating a group of people who were previously prevented from cycling by barriers of disability, cost and safety. The scheme has been very popular.

- The project has staged two "Introduction to Cycling" days in partnership with Pedal Power Cycling Club and Islington College.
- Finsbury Park backed the project by offering the use of a storage facility for the bikes. The cyclists' regular presence in the park has helped raise their profile in the community.
- Many of the participants in the project previously took no part in sport or exercise
- There have been 44 registered participants since the project was first launched. Of those, 30 are from an ethnic minority..
- The health and psychological well-being of those involved was boosted by the project. Care workers said those involved gained in confidence and became physically fitter.
- The project has helped improve links between Haringey Mencap and other local organisations.

Future

The project has proved so successful that other funds from the government's Neighbourhood Renewal project are now being used to buy more adapted bikes for people with disabilities.

The project is keen to build on its success to date. It wants to do more work with community groups and schools in the hope that a greater number of children might participate. It is also keen to encourage a greater proportion of females to use the adapted bikes.



X Movers and Shakers

Background

An innovative project devised by Wandsworth Cycling Campaign, one of LCC's borough groups, aimed at opinion formers and community leaders in the London Borough of Wandsworth. The aim of the project was to identify the "movers and shakers" and encourage them to try cycling with personalised cycle training. The hope was that they would become role models – or local cycling champions – in the local community.

The project

The CLPP grant helped fund the cycle training for key figures in the community, including elected representatives, celebrities, community and faith leaders, teachers, business leaders and journalists.

It was hoped that by training the "movers" and engaging them in dialogue, it would help them gain a better understanding of cyclists' concerns. It was also hoped they would promote their experiences and cycling awareness through media coverage in Wandsworth and beyond. They were told: "Tell everyone in Wandsworth about the benefits of cycling – and then tell the world."

Cycling Training UK was used as the training provider. It was chosen because of its excellent track record in training and working with community groups and because it was well placed to deliver training in a flexible way, in terms of time and location.

Outcome and Benefits

The project attracted significant publicity and was very successful. Among those who participated in the project were:

- Justine Greening, MP for Putney. She said: "I just used to take the bike for local trips, but I am now cycling regularly across the borough to my Tooting office – it would never have occurred to me to do that before."
- Nick Bowes, Wandsworth Labour speaker on Transport and Planning. "The training has made me think more about how I could cycle and also it's opened my eyes to how we need to look after cyclists on the road, and how we need to do things to make it safer and encourage more people to cycle!"
- Sadiq Khan, MP for Tooting. He said: "It's really important that we put into practice all our good intentions and spread the word."
- Chief Supt. Joe Royle, Wandsworth Police Borough Commander. He said: "The benefits of cycling are environmental (and) physical and mental health."

The project proved very valuable in providing insights on the barriers to cycling – and how they can be overcome, as well as getting high-profile individuals to promote cycling from their own experience.

Future

The project helped raise Wandsworth Cycling Campaign's profile and improve links with local organisations. The campaign aims to develop these links to help strengthen future campaigns. WCC hopes to see Movers and Shakers taken up by other campaign groups and is willing to share their experiences in order to assist in this. More information on the project can be found on Wandsworth Cycling Campaign's website, www.wandsworthcyclists.org.uk

Christopher Road, Deacon of St Simon's Church, Putney. He said:
"I've always felt a bit inferior on the road but now realise I have every right to be there and should ride less politely - in the nicest way."



Patiko Bakers Fort Project

Pick up a Bike Project

Background

Patiko Bakers Fort Project is a community group based at St Bartholomew's Church and Centre, in Newham. It was established with the aim of developing and promoting arts and cultural heritage for black and ethnic minority groups. The Pick up a Bike Project aimed to raise awareness of the benefits of cycling to black and minority groups, particularly refugees and asylum seekers.

The project

Project workers organised 50 cycle awareness workshops that were tailored to community groups and their needs. Interpreters and translated materials were used where appropriate. The workshops promoted the benefits of cycling, including health, economic, social and environmental benefits.

Workshops were held in local churches and community centres. They were also invited to attend community events, including Asian Women's Day, Active Citizenship days and Women in Newham events. Workshops were also held at local schools.

Those who attended the workshops were told of the "Pick up a Bike" scheme in which individuals could pick up a bike and cycle in Newham. The project also trained individuals to work as "cycle advocates" in the local community.

Outcome and Benefits

The workshops were well attended and reached more than 1,500 people from black and minority groups.

- More than 50 people took up cycling for the first time as a result of the workshops.
- There was excellent feedback from the workshops with 97% of people saying they found them very useful.
- Fifteen individuals were trained to become cycle advocates in the community. These advocates will help promote cycling and monitor changing attitudes to cycling.
- The workshops proved so popular that there have been more than 20 requests from other organisations for workshops.

Future

The project's workers found that young people said they were very keen to build their own bikes. They also found it was easier to engage women from an Asian background if they had someone from their background to help them cycle. They are now seeking new funding to help them to develop the project.



X Signing In Deaf Club

Background

The project, based in Hanwell, west London, involved helping Deaf children acquire the balance and confidence needed to ride a bike safely. Cycle Training UK instructors, supported by interpreters, gave the children lessons. The club has organised three sessions to date, and more are planned.

The project

The Signing In Deaf Club is a club for Deaf children aged 11 and under. It also aims to provide support for their parents, carers and siblings. The club used the CLPP grants to buy five bikes. It also purchased a tricycle to help boost the confidence of children with impaired balance, which is commonly associated with deafness.

Specially-adapted helmets that would fit over the children's cochlear implants and hearing aids were also bought with the funds. Other expenses included the hire of a hall for the initial assessment of the children's abilities, locks, puncture repair kits and a storage facility for the equipment.



Outcome and Benefits

About 20 children took part in the project, with training rides in Brent Lodge Park in Ealing. At the first session, three of the children were not even able to ride a bike. After a few hours training, these children were all able to ride. All those who participated gained confidence and improved their cycling skills. Other benefits included:

- The children were trained on traffic-free routes so they could cycle without the worry of approaching cars.
- Cycling proved to be very popular with all the children, who are now keen for similar sessions to be organised.
- Those involved relished the challenge of improving their cycling skills and the sessions gave them a real sense of achievement.
- The purchase of the tricycle meant that everyone could join in and enjoy the fun.
- Parents participated in the training sessions. This encouraged the children to ride more.

Future

The initial sessions were organised on traffic-free routes, but it is hoped as the children's skills improve that they will be able to go out on roads. The Signing-In Deaf Club plans to incorporate cycling with future activities, including a treasure hunt. A sponsored bike ride is also being planned to help raise funds for the group.



Gilly Stevens, co-founder of the Signing In Deaf Club, said:
The children had a fantastic time and they're all very keen to do more cycling. It was wonderful to see some of these children cycling for the first time.

Somerford Grove

“Dr Bike” Project

Background

The Somerford Grove “Dr Bike” project was set up at a popular adventure playground in Tottenham, north London. The scheme aimed to teach bike maintenance skills to local children and to provide on-road training. The Northumberland Park area in which the “Dr Bike” workshops were located is an ethnically diverse area with families from African Caribbean, African, Turkish/Kurdish, Greek Cypriot, white British and eastern European backgrounds.

The project

The project was run by two workers: Marcus Ahmad, from Cycle Training UK and Sam Amalemba, a scout leader and local resident. It was initially based in a shipping container, specifically purchased for the project, which was located in the car park of adventure playground. Even winter did not dampen enthusiasm for the project, and as the evenings got darker, the workshops were moved into Somerford Grove’s community hall.

Children were able to attend cycle maintenance workshops twice a week. The popularity of the adventure playground meant it was easy to promote the workshops. The number of children at each session was limited to eight or less to ensure all those involved were given proper attention.

The project was very popular and included a weekly bike building project after requests from a number of the children. This involved taking older bikes and rebuilding them with new components.

Funds were used to pay staff, buy tools and buy the shipping container.

Outcome and Benefits

Most of those who initially attended the project were African Caribbean teenage boys, but more girls attended when the project became more established. The benefits of the project include:

- Twenty two children and young men aged nine to 19 years have attended regular maintenance sessions.
- The project has led to an increased interest in cycling amongst local children and bike rides have been organised, including one along the Lee Valley.
- Families were inspired by the scheme to use their bikes more. One youth built a donated bike for his mother to ride.
- The scheme was very popular with children.

There is significant demand from those on the project for organised bike rides, which are now being planned. One proposed trip is an outing to London’s West End for the older boys.

Rebuilding older bikes has been very popular and possible sources of frames are being investigated. An arrangement has been agreed with a local bike project, Haringey Re-Cycling, for the collection from them of old bikes and bike parts.

“
Sapphira, 13, who lives in Tottenham, said:
“I find the bike project interesting and fun to come along to. The tutors taught me to fix a bike in a straightforward way.”
”



Southwark Cyclists'

Shopping Centre Cycle Training

Background

The project aimed to promote cycling among shoppers at Surrey Quays Shopping Centre in Rotherhithe, south east London. The centre is accessible by tube, bus, bike and car, but the approach to the centre is dominated by large car parks which have 1,400 parking spaces.

The project

Shoppers were offered up to three hours of one-to-one cycle training from Cycle Training UK. The CCLP grants were used to subsidise the training so that a session which would normally cost £82.50 was available for a nominal fee of £10. The cycle training offer was promoted with a one-day "Bike Magic" event on August 24 2006.

To promote "Bike Magic" day and the training offer, nearly 4,000 postcards were placed on cars in Surrey Quays Shopping Centre car parks on four separate days. In addition, 500 postcards were left in the nearby branch of Decathlon, a large sports shop which offers a cycle repair service.

Outcome and Benefits

The "Bike Magic" day included four shows by RJ Rideguide, one of the country's best stunt mountain bike riders; guided rides around the local area; a free "Dr Bike" maintenance clinic; and a Cycle Training UK stall. The day was very popular with shoppers and the project's benefits included:

- Twenty people called Cycle Training UK to book training.
- Those who took up the offer of cycle training said it was very useful.
- The stunt bike display was very popular with shoppers and the local rides also proved successful in promoting cycling.
- The events helped highlight the importance of cycling to Surrey Quays Shopping Centre as a way of attracting new customers. Ian Moore, the centre's manager, said: "The Bike Magic Day went very well and I'd be happy to repeat it."

Although the "Bike Magic" day was popular with shoppers, the organisers were surprised more people did not take up the offer of the subsidised training. Anecdotal evidence suggests this may have been because shoppers were not sure what the training entailed and whether it would be of any benefit to them or their children.

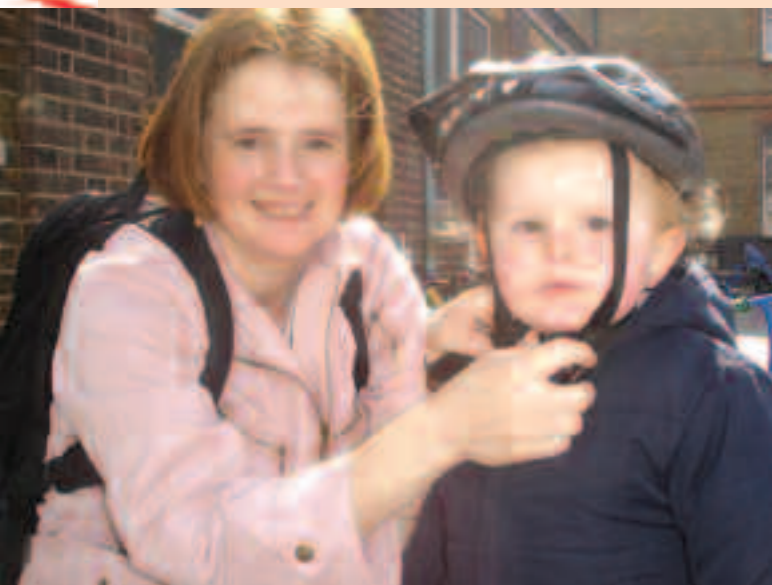
Marie, who lives in East Dulwich, said:

"The training was a very positive experience. I really enjoyed it and, more importantly, it completely changed the way I cycle."

Future

Research has suggested that cyclists are excellent customers who are more likely to make impulse purchases because they make so many frequent trips. Bikes are however only used for a very small proportion of shopping trips, so there is huge potential to persuade more shoppers to use bikes.

It is hoped the Surrey Quays Shopping Centre project will encourage other groups to try similar initiatives. Southwark Cyclists also hopes it will be involved in future collaborations with the shopping centre. More information on the project can be found at www.southwarkcyclists.org.uk.



Background

The CLPP Grants scheme was:

- borne out of the partnership's desire to promote, encourage and support cycling across London,
- targeted at certain key groups in cycling identified in the London Cycle Action Plan (LCAP) and
- funded by TfL through a £150,000 budget.

The funding was intended primarily to provide organised rides, one off events and a cycling presence at other relevant non-cycling events to increase awareness. However, small scale community based projects were also considered which met the selection criteria. Project work entailing physical projects, such as cycle lanes and cycle parking were not considered as other sources of funding are already in existence. Whilst not an exhaustive list, suitable project areas included increasing cycle skills and training, providing equipment to assist cyclists, promoting the reuse/recycling of bicycles or developing employment in the cycling industry.

Application criteria were agreed as follows:

- 1) **Promote** Demonstrates and promotes cycling, and builds confidence of infrequent or lapsed cyclists, new to cycling in London
- 2) **Inclusive** Reaches out to groups under-represented in the cycling community such as women, children/youths, ethnic groups and people with disabilities.
- 3) **Access** Increases access to cycling for groups where opportunities are limited by income, equipment, skills, information or confidence.
- 4) **Partners** Develops projects with local partnerships with other non-cycling specific organisations (e.g. travel plans, health, nature, heritage)
- 5) **Publicise** Provide positive messages supporting the status of cycling to the public.

A sliding scale of funding contribution was established according to type of organisation:

Community group: 100%
Not-for-Profit organisation: 75%
Commercial organisation: 50%

Set-up

Application forms and guidelines were prepared by the Cycling Centre of Excellence at TfL, with the input of the partner organisations. Two staggered closing dates for application bids were established and partners were appointed as contacts for queries from applicants on different types of project.

TfL issued a press release detailing the funding announcement and how to access the application form. In addition the information was also disseminated widely throughout the cycling community by the various partners through mediums such as existing contacts; websites and newsletters. LCC also distributed the information amongst its network of community contacts and TfL via its School Travel Planning networks. Press releases were also provided on the CTC and LondonCycle Sport websites.

Bids

Groups could apply for funding of up to a maximum of £5,000 per project. Projects already supported by TfL or the Borough Spending Plan would not be eligible.

A total of 113 bids were received from across London. Interestingly, boroughs were disproportionately represented in the spread of bids. It is unsure whether this was due to CLPP partners having a higher proportion of existing contacts in certain areas; more bids coming from boroughs that are already cycle-friendly and have high levels of cycling, or for other reasons.

Allocation and terms and conditions

65 projects were allocated funding across the two bid rounds. The grant of funding was decided by a review panel with a representative from each partner organisation. Bids were assessed according to their potential to meet the agreed criteria and aim to spread funding across a varied mix of project types where possible.

Once the bids had all been received and allocated, terms and conditions evolved and were formally drawn up to be distributed to grant recipients.

Pertinent issues included:

- the purchase of bikes in order for all bikes purchased to be appropriate and sustainable:
- a central ordering system was established using a promotional offer with Raleigh
- all bikes had to remain the property of the project for use as pool bikes and all usage monitored and logged
- pool cycle schemes were encouraged to ensure one person had been trained in basic maintenance skills, for which CLPP funding was available

Project officer

Administration of the project was carried out by the good going team hosted by Lambeth Council.

A CLPP Project Officer was appointed to:

- Liaise with and give support to grant recipients
- Attend events and visit projects
- Collect monitoring, reports and case studies
- Check compliance with funding conditions including audit of grant spend where equipment is purchased
- Co-ordination and liaison of Raleigh account for pool bike purchases
- Check and track pool bike use
- Co-ordination of CLPP invoicing and grant allocation budget

The Project Officer established a working relationship with each of the grant projects, offering support, assistance and advice. This was vital to ensure that each project has been able to realise its potential – meeting the needs of its participants and developing accordingly.

Projects

Appendix 1 provides a list of all projects including a brief description of the project and its location.

Whilst a number of projects have overlapping objectives these can be broken down into the following categories:

- Youth groups
- Maintenance projects
- Adaptive cycling for people with disabilities
- Cycling for health
- Cycling presence at community events
- Pool bikes for community / staff use
- Cycle training
- Cycle rides
- Schools cycling projects

Projects were permitted to spend their grant on materials, equipment or activities (subject to approval) contributing to the proposed cycling project or event.

Equipment purchased included:

- 10 of the projects purchased Raleigh bikes for pool use,
- 4 purchased tools for use on community maintenance projects,
- 2 projects purchased specialist adaptive cycles (and one used part of their allocation to repair existing adaptive cycles.)

Partnership working

Most projects rely on a network of support to achieve their success. Running a community project can help further existing and forge new partnerships. This has the added bonus of the cycling project often being the catalyst to improved communication between different groups and organisations. For community groups this can lead to strengthened allegiances and an enhanced status and for local initiatives and organisations a wider reach into the community. It also encourages cross-partnerships and allows joined-up thinking on a range of community, living environment, transport, development and many other issues.

The Waltham Forest, "Earn a Bike" project has been able to access premises on The Waltham Forest recycle depot and the bikes have been recycled by youth volunteers. This has established a very positive relationship between the local authority and a voluntary organisation. Many of the community groups have engaged with their local police service to access second hand bikes for recycling and local authority school travel plan advisors, as well as LCC local groups and borough Cycling Officers, Road Safety teams and Cycle Training UK as well as many other cycle training instructors.

Another project that has notably benefited from forming partnerships is Haringey Mencap. They have received substantial support and invaluable advice from the established Pedal Power Cycling Club for People with Disabilities and are hoping to link in with local development schemes and cycle planning initiatives to ensure convenient storage for their new cycles that will maximise use and availability.

Recommendations and feedback from projects

Feedback on the CLPP Community Grants Scheme has been wholly positive. The grants have helped set-up new initiatives and contributed to the continuation and further development of existing schemes. Almost all projects have enquired about further rounds of funding and whether they will be eligible to re-apply.

This brings up the essential issue of sustainability of projects in the long term. To the projects that were established prior to CLPP funding, the Community Grants Scheme was seen as a positive step forward in recognising the work of community cycling projects and offering mainstream support.

It is imagined there will be an increased demand for the grants scheme: as noted above, successful recipients will seek more funding and successful projects raise

awareness, creating interest and inspiring and encouraging others to create their own projects within their community.

A positive element of the CLPP Community Grants Scheme is the flexibility and individuality the grant allocations allowed. There were few unnecessary top-down pre-requisites and groups were able to devise projects specifically tailored to meet the needs and interests of their audience. Regular contact with a Project Officer allows for changes to be discussed as they arise enabling the project to develop as it progresses. All of these factors allow a project to truly belong to the participants and the community they are part of.

Community projects rely on the knowledge of people within that community to realise what will work. Staff hours are often scarce and many community organisations rely on volunteers. It is important that the Community Grants Scheme has recognised the need for funding to enable staff to dedicate time to projects and for volunteers to be fairly recompensed. Professionals can then be bought in to provide the specific areas of expertise.

The variety of the CLPP projects demonstrate how cycling can be, and is being, used not only to promote cycling and create cyclists per se, but to address and meet a wide range of aims. This idea works both ways – cycling projects can be used to encompass other issues; likewise, projects designed to address other matters can involve cycling.

Employment opportunities, empowerment, self-confidence, safer communities, skills learning and social integration are amongst the many benefits for participants and communities of the projects involved.

It is worth noting how well community projects use 'captive' audiences to reach out to a wider community. An example is cycling in schools. Children have families: parents, guardians, carers, siblings; and so a fully inclusive, complete package of cycling in schools – as illustrated by the New City Cycling project or STA Bikes in Hackney, who go further and enhance employment opportunities by training interested parents as cycle trainers – can gain access to and have influence over a much wider audience.

A matter that has arisen for discussion is the allocation of funding for schools projects. Whilst it is a valid point that schools can access various other streams of

funding for certain areas – cycle storage, some cycle training - it is very difficult for them to carry out a fully inclusive project that covers all elements of cycling without applying for additional funding. Schools that provide pool bikes for example ensure that all children can take part in cycling activities. Funding for pool bikes is not available as standard through established sources. As noted above, additional funding also enables schools to develop projects that widen cycling participation to the community.

Overview

Overall the CLPP Community Grants Scheme has been a success. 65 projects have been aided financially and given support and guidance to realise projects that have the potential to encourage and influence many more.

It has also shown the need for such a scheme – over 70 projects applied for the initial pot of funding and with the inspiration of the successful projects it is imagined the demand for this scheme can only grow.

Community cycling projects not only influence the lives of the participants but serve to promote and 'normalise' cycling to a much wider audience.

Organisation	Scheme	Location
Southwark cyclist x 3	Cycling promotions, Dr Bike and Healthy rides.	Surrey Quays
New City School	Primary Schools cycling.	Newham
Connecting Across Cultures	BAME young people cycling activities.	Brent
Patiko Bakers Fort project	BAME young people cycling activities.	Upton Park
Tower Hamlet wheelers	Cycle training and maintenance for the community.	Tower Hamlets
Haringey Mencap	Purchase of more specialist bikes and equipment to enhance provision of cycling sessions.	Haringey
Signing In Deaf Club	Cycling and road safety training for deaf children aged 3-12years old.	Hanwell Ealing
Focus Penrose	Promote wellbeing and integration of ex-offenders with mental health problems through cycling.	Brixton
Somerford Grove	BAME young people cycling activities.	Tottenham
Mover and Shakers	Cycle training for MP's and councillors.	Wandsworth
Kidz Haven	After schools club cycling activities.	Plaistow
Bike Works	Access to disability cycling.	Bow
John Ball cycle training	Primary school cycle training and maintenance.	Blackheath
Lookahead	Increasing independence with cycle training, pool bikes.	Bayswater
Polish Scouts	Young peoples cycle training and rides.	Balham and Clapham
Lambeth Crime Prevention Trust	BAME young people cycling activities.	Brixton
Croydon	Single mothers from BME and refugee backgrounds to cycle with their children.	Croydon
Mission Of Hope	Youths on Two Wheels – getting young people from African communities active on bicycles.	
Teviot Festival	Dr Bike Fun Day!	Tower Hamlets
Cross Roads Club	Off Road cycling.	Barking and Dagenham
Ensign Youth Club	Cycling activities and healthy living to local Bangladeshi/Somlalian communities.	Tower Hamlets
STA bikes	Cycle outreach at community event – Dr Bikes, try-outs, training, info, bike art, fun.	Hackney
Herne Hill Velodrome	To purchase bikes for use at the velodrome working with community groups, schools, youth groups etc.	Lambeth
Laburnum Boat Club	One maintenance workshop and bike trip per month for deprived young people and their families.	Hackney
Jagonari	Series of promotional workshops, rides, taster sessions and training.	Whitechapel
Blus Hut Sky partnership	Bike, building, bike fixing and cycle training for young people at Blue Hut youth centre.	Hackney
Pinnacle Elevate	Dr Bike and youth engagement sessions.	Forest Hill
Stratford School	Recycling used bikes, maintenance workshops and cycling trips of local kids and families.	Newham
Hayes Hawks BMX	Schools outreach programme – visits with try outs, info, safe routes plus cycling as a sport.	Middlesex
Motorvations	A bike-recycling project for young people with special educational needs.	Romford, Essex.
Crisis UK	Bike Maintenance project – a free workshop for homeless people.	Whitechapel
Wandsworth Cycling Campaign	Movers and Shakers' project aims to target Mp's and councillors get them cycling.	Wandsworth
Brixton Bicycle Art – St Vincents Community Centre	South London Urban Green Fair bike recycling/art/maintenance project.	Brixton Lambeth
Blue Hut Centre	Community youth engagement.	Islington
Croydon Cycling Campaign – Cycle Quest Launch and Rides	Bicycle maintenance workshops, accompanied rides and journeys for a local Pupil Referral Unit.	Croydon
Ariba Dynamo	BAME adults cycling for health and leisure.	Waltham Forest
Bike Project Community Cooperative	Earn a Bike scheme – youth engagement.	Waltham Forest
Oxleas NHS trust	Regular rides for residents of a mental health unit.	Kent
BEST – Brent Eleven Street Association	Community cycling event with local street closure. Cycle try-outs, bike repairs and other activities.	Brent
Active Women for Life Association	Cycle maintenance, on road training and follow-up support for refugee women.	Waterloo
Oasis Children's Venture	Female worker to increase cycling amongst girls.	Stockwell
7th Polish Group – 2005 continues with girls	Follow up training building on CLPP 2005 project, this year aimed at girls and duplication of 2005 DVD.	Clapham and Balham
West London Mental NHS Trust	Patient Bike Pooling and Try a Bike to Work Scheme	Hammersmith and Fulham
Linden Lodge	Purchase of specialist bikes, tools and equipment for this multi disability visually impaired school.	Wimbledon
Pollards Hill Cyclists – Merton Cycle Quest	Route map based on popular Pollards Hill family ride. Promotion events in GG week - bike ride + Dr Bike and picnic.10,000 free maps.	Merton

Organisation	Scheme	Location
Time Bank – Lee Fair Share	A continuation programme with new partner Groundwork will also run a workshop aimed at young people.	Lewisham
Sunnyside Community Garden	Organic Bike Workshops – bi-weekly workshops to coincide with organic market plus potential pool bike scheme.	Islington
Barking and Dagenham Crossroads	Crossroads Cycling Club: weekly cycling activities for young people with disabilities and their families – 4 month pilot project.	Barking and Dagenham
Poplar Housing/Community Regeneration (HARCA)	Teviot Cyclists – cycling presence at annual estate festival: bike tryouts, Dr Bike and maintenance, local LCC group stall, rides.	Tower Hamlets
Bike Project Community Cooperative	A pilot scheme 'Earn-A-Bike'. Bike maintenance skills and keep the refurbish bike.	Waltham Forest
The African Families Association (TAAF)	Ready, Steady, Cycle! Inclusion of cycling promotion at Family Fun Day event and website.	Lewisham
New City Cycling Club	Family Ride to Thames Barrier – using pool bikes, involving local families, partially sighted and disability groups, youth groups.	Newham
High Trees Community Development Trust	Train and Ride – training, maintenance and support for local teenagers.	Lambeth
Connecting Across Culture	Swahili Refugee Youth Community 'On the Bikes' – active recreation and travel project of cycling for 11-16 year old girls.	Barnet
Stratford School Bike Club	Recycling used bikes, maintenance workshops and cycling trips for local kids and families.	Newham
Lewisham Cyclists -x 3	Dr Bikes at community health promotion/children's summer events.	Lewisham
Cubitt Town Youth Project	Dr Bikes, workshops, training, events, rides, advice for local youths and their families.	Whitechapel
St Christopher's Fellowship – Scenic Cyclists	Safer cycles – maintenance and responsible cycling for homeless or young people in supported housing.	Hammersmith and Fulham

