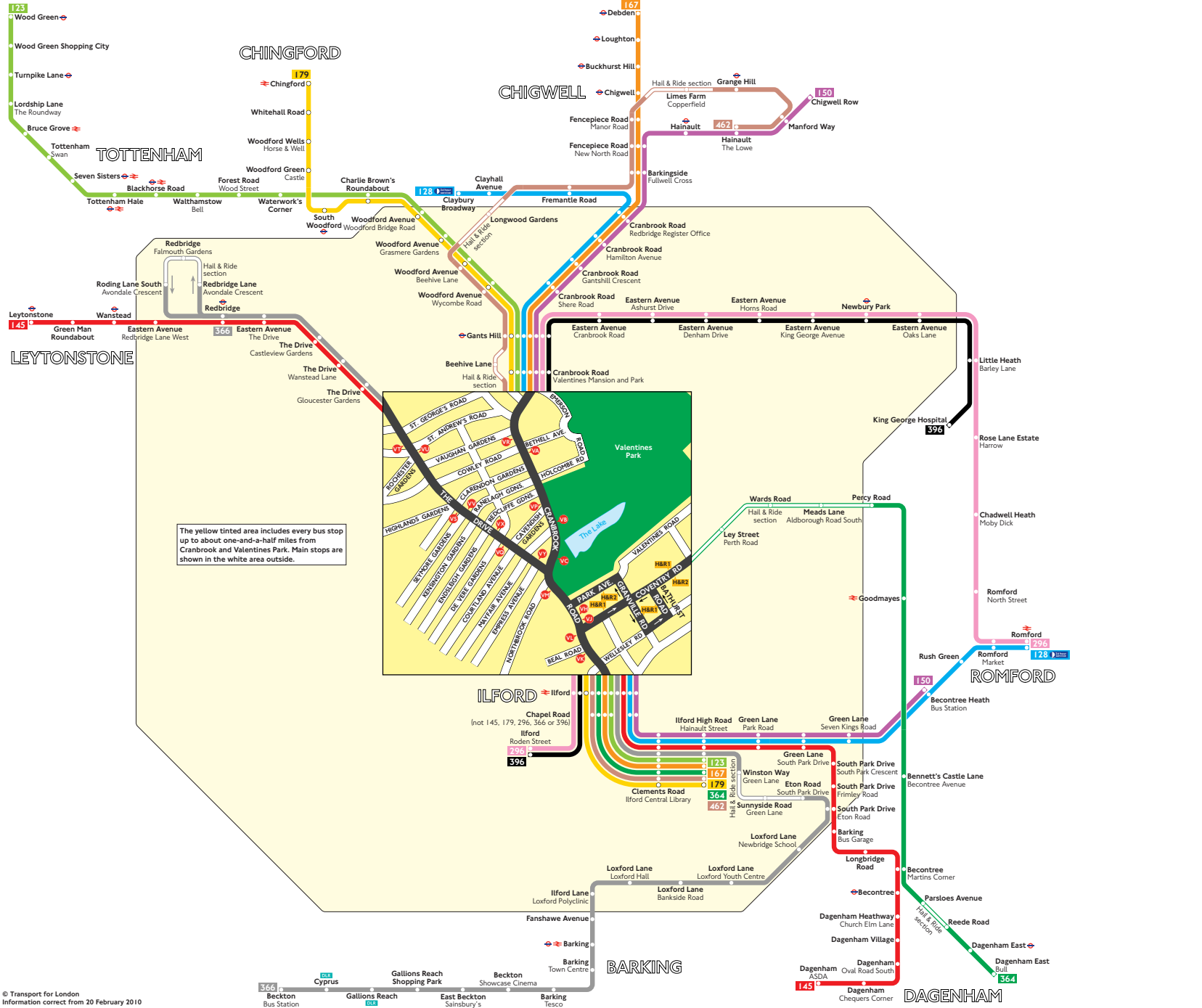


# Buses from Cranbrook and Valentines Park



### Key

- Connections with Underground
- Connections with National Rail
- Connections with Docklands Light Railway

Route 364 operates as Hail & Ride on the sections of roads marked **H&R1** and **H&R2** on the map. Buses stop at any safe point along the road. There are no bus stops at these locations, but please indicate clearly to the driver when you wish to board or alight.

Red discs show the bus stop you need for your chosen bus service. The disc appears on the top of the bus stop in the street (see map of town centre in centre of diagram).

### Route finder

Day buses including 24-hour routes

Bus route	Towards	Bus stops
<b>123</b>	Ilford	VA VB VC VD
	Wood Green	VE VF VG VH
<b>128</b>	Claybury Broadway	VI VJ VK VL VM
	Romford	VO VP VQ VR
<b>145</b>	Dagenham	VS VT VU VV
	Leytonstone	VT VU VV VS
<b>150</b>	Becontree Heath	VA VB VC VD
	Chigwell Row	VE VF VG VH
<b>167</b>	Debden	VI VJ VK VL
	Ilford	VM VN VO VP
<b>179</b>	Chingford	VQ VR VS VT
	Ilford	VU VV VX VY
<b>296</b>	Ilford	VA VB VC VD
	Romford	VE VF VG VH
<b>364</b>	Dagenham East	VI <b>H&amp;R1</b>
	Ilford	VJ <b>H&amp;R2</b>
<b>366</b>	Beckton	VR VL VM VN
	Redbridge	VO VP VQ VR
<b>396</b>	Ilford	VS VT VU VV
	King George Hospital	VA VB VC VD
<b>462</b>	Hainault	VE VF VG VH
	Ilford	VI VA VB VC VD