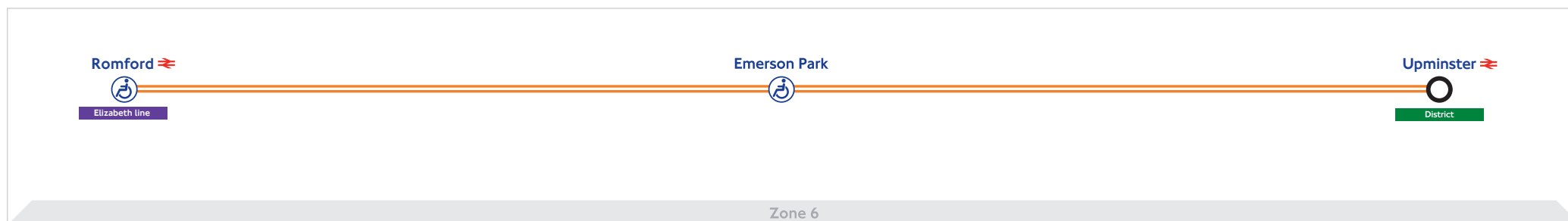


Romford to Upminster route



Key to symbols



Interchange stations



Step-free access from street to platform



National Rail

Engineering work and public holidays

To carry out improvements and maintenance, some parts of the network are closed at weekends. For more information, including alternative travel arrangements, please check your travel at tfl.gov.uk or see posters at stations.

On most public holidays an amended timetable runs, based on a Saturday frequency.

Bicycles on London Overground services on this route

Compact folded bicycles can be carried on our trains at any time.

Non-folded bicycles:

- Cannot be carried on our trains 07:30-09:30 or 16:00-19:00 on weekdays (restrictions do not apply on public holidays)
- Cannot be carried anytime on buses that replace trains due to engineering work

Service delay refunds

If you've been delayed on a London Overground journey, you may be able to claim for a service refund delay.

When we refund for service delays:

If your journey was delayed for reasons within our control by:

- 15 minutes or more on London Underground or DLR services
- 30 minutes or more on London Overground or TfL Rail services

We'll refund you the single fare for your journey you were delayed on. For further details please visit the TfL website.



Check your travel

tfl.gov.uk/travel-tools



24 hour travel information

0343 222 1234*

*Network charges may apply. See tfl.gov.uk/terms for details

Valid from Sunday 2 June until Saturday 14 December 2024

Eastbound towards Upminster

Mondays to Saturdays

Romford	0611	0641	then at the same time past each hour until	2111	2141
Emerson Park	0616	0646		2116	2146
Upminster	0621	0650		2120	2150

Sundays

Romford	0841	0911	0941	then at the same time past each hour until	1911	1941
Emerson Park	0846	0916	0946		1916	1946
Upminster	0850	0920	0950		1920	1950

All services run by London Overground unless otherwise shown

Westbound towards Romford

2

Mondays to Saturdays

Upminster	0625	0655	then at the same time past each hour until	2125	2155
Emerson Park	0629	0659		2129	2159
Romford	0635	0704		2134	2204

Sundays

Upminster	0855	0925	0955	then at the same time past each hour until	1925	1955
Emerson Park	0859	0929	0959		1929	1959
Romford	0904	0934	1004		1934	2004