APPENDIX A: TfL Ad Policy - Consideration of product exceptions to food and non-alcohol drink high in fat, sugar and salt (HFSS)

Is a healthier version available?

Is there a healthier version of the product that passes the NP M?

Is the HFSS product on PHE's sugar or calorie reduction lists?

See evidencebased categorisation of foods/drinks of concern for obesity prevention below. Is the product generally consumed by children?

Robust and demonstrable evidence required, e.g. consumption data or market testing.

Acceptable thresholds to be agreed.

Does the presentation of the product appeal to children?

Standard list of elements of product or packaging appealing

TfL will take an overall view based on the answers to these questions when assessing requests for exceptions. This is a guide. No one question will automatically exclude a product for being considered for an exception.

HFSS products which are significant contributors of sugar and calories to UK diets are of particular concern for obesity prevention. They are therefore the focus for PHE sugar and calorie reduction programmes and will be considered as part of an overall assessment on whether a product should be granted an exception. This list should not be read as a list of banned products.

PHE Sugar reduction categories	PHE calorie reduction categories
Breakfast cereals	Bread with additions (e.g. olives, cheese etc)
Yoghurts	Crisps, savoury and other snacks
Biscuits	Savoury biscuits, crackers and crispbreads
Cakes	Potato products (e.g. chips, croquettes, mashed potato etc.)
Morning goods	Sausages (raw and cooked) and sausage meat products, frankfurters and
Puddings	hotdogs
Ice cream, lollies and sorbets	Burgers
Chocolate confectionary	Meat, fish and vegetarian pastry pies and other pastry products
Sweet confectionary	Cooking sauces and pastes
Sweet spreads and sauces	Table sauces and dressings
Juice based drinks*	Pasta/rice/noodles/ other cereals with added ingredients and flavours
Milk based drinks*	Ready meals with carbohydrate accompaniment (potato, rice, noodles,
	pasta etc.) including fish, meat and meat alternatives
	Meal centres without carbohydrate accompaniment (potato, rice,
	noodles, pasta etc.) including fish, meat and meat alternative
	Prepared dips and composite salads as meal accompaniments (e.g.
	coleslaw, potato salad, guacamole, salsa etc.)
	Pizza
*See: https://www.gov.uk/government/publications/sugar-reduction-	Egg products and dishes (e.g. quiche)
<u>juice-and-milk-based-drinks</u>	Food to go (e.g. sandwiches, boxed main meal salads etc.)

HFSS products of particular appeal to children may use one or more of the following marketing techniques:

- licensed characters (from films & TV),
- brand equity characters
- cartoons
- animals
- fairy tales
- colourful exaggerated graphics
- toys, gifts, prize
- child-friendly product names